

# ON THE OCCASION OF WORLD YOGA DAY, 2023

## YOGA FOR QUALITY OF LIFE

### ORGANIZED BY

## Department of Physical Education and IQAC, Sree Chaitanya Mahavidyalaya

*Habra-Prafullanagar, North 24 Parganas*

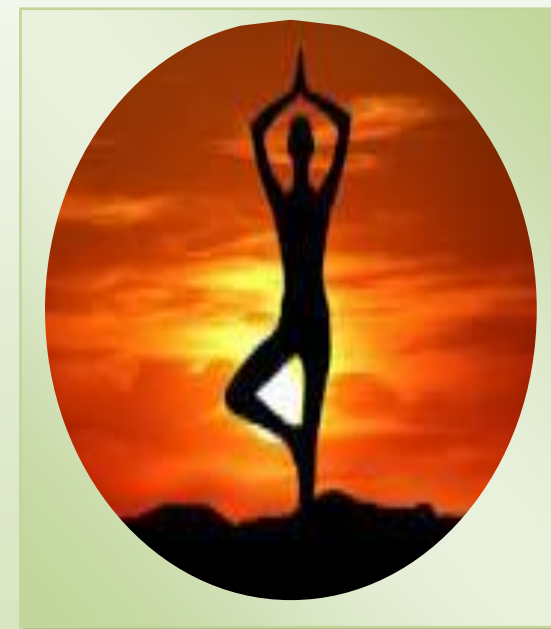
*Date: - 21<sup>st</sup> June, 2023, at 9.30 A.M.*

*VENUE: - AUDITORIUM, SREE CHAITANYA MAHAVIDYALAYA*

## **INTERNATIONAL DAY OF YOGA**



**“True Yoga is not about the shape of your body, but the shape of your life”**



**Inauguration & Welcome Address**  
**Dr Subrata Chatterjee**  
Principal  
Sree Chaitanya Mahavidyalaya

**Convener**  
**Dr Biswabandhu Nayek & Moumita Mitra**  
Department of Physical Education  
Sree Chaitanya Mahavidyalaya

**Vote of Thanks**  
**Dr. Pulakesh Sen**  
Coordinator, IQAC  
Sree Chaitanya Mahavidyalaya

***All students & staff cordially invited to join the program.***